The Meadows Assisted Living
Compassionate Christian Care

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **6:00** Daylight Savings | Fall back 1 hr. **8:30** Catholic Livestream Mass/Commun. **1:30** Fred Phelps Memorial Service (recorded) | Solarium **2:00** Bottomless Cup/Fresh Popcorn **3:15** Church Service with Pastor Aaron	**2** **8:30** Early Exercise Class **9:30** Devotions **10:30** Late Exercise Class **2:00** Music by the Lemon Sisters @ R2H **3:00** Bottomless Cup	**3** **8:30** Exercise **9:00** Shopping **10:30** Reflections **2:00** Making Mini Pumpkin Cheese Cakes **3:00** Bottomless Cup **4:15** Rosary | F.V. **6:30** MV Highschool Play: Legally Blond Musical	**4** **8:30** Early Exercise **9:30** Devotions **10:30** Late Exercise **1:30** Manicures **3:00** Bottomless Cup **6:00** Music by Dale Gassman	**5** **8:30** Exercise Class | Solarium **8:50** Weight Class **2:00** Devotions | F.V. Room **2:00** Mass & Rosary @ GNH **3:00** Bottomless Cup	**6** **8:30** Early Exercise Class **9:30** Devotions **10:30** Late Exercise Class **2:00** Club 200 **3:00** Bottomless Cup	**7** **10:45** Exercise | Solarium **1:30** Devotions | Solarium **2:00** BINGO **3:00** Bottomless Cup
8 **8:30** Catholic Livestream Mass & Communion **1:30** Devotions | Solarium **2:30** Bottomless Cup/Fresh Popcorn **3:15** Church Service with Pastor Aaron	**9** **8:30** Early Exercise Class **9:30** Devotions **10:30** Late Exercise Class **1:30** Manicures **3:00** Bottomless Cup **3:00** Music by Lou Oswald	**10** **8:30** Exercise **9:00** Shopping **10:30** Reflections **11:30** Lunch Outing to Denali's | Independence **2:00** Town Talk **3:00** Bottomless Cup **4:15** Rosary	**11** **Veterans Day** **8:30** Early Exercise Class **9:30** Devotions **10:30** Late Exercise Class **2:00** GNS Vets Program **3:00** Bottomless Cup **6:00** Outing to new Dairy Parlor!	**12** **8:30** Exercise Class | Solarium **8:50** Weight Class **9:45** BANK VISIT **11:00** Methodist Comm. **2:00** Devotions | F.V. Room **2:00** Mass & Rosary @ GNH **3:00** Bottomless Cup	**13** **8:30** Early Exercise Class **9:30** Devotions **10:30** Late Exercise Class **1:30** Community Euchre Card Tournament **3:00** Bottomless Cup	**14** **10:45** Exercise | Solarium **2:00** BINGO **3:00** Bottomless Cup
15 **8:30** Catholic Livestream Mass & Communion **2:00** EdCo Highschool: "Beehive" | 60's Musical **2:30** Bottomless Cup/Fresh Popcorn **3:15** Church Service with Pastor Aaron	**16** **8:30** Early Exercise **9:30** Devotions **10:30** Late Exercise **2:00** Travel w/ Barb: South Dakota | Crazy Horse Monument **3:00** Bottomless Cup	**17** **6:30** Tenant Weights Before Bkfst **8:30** Exercise Class | Solarium **9:00** Shopping **10:30** Reflections | F.V. Rm **1:30** Manicures **3:00** Bottomless Cup **4:15** Rosary | F.V.	**18** **8:30** Exercise **9:30** Devotions **10:30** Late Exercise **1:30** Staff Meeting **2:30** Iowa Dept. of the Blind Presentation **3:00** Bottomless Cup **5:00** Breakfast for Supper **6:00** Music by David Poggenklass	**19** **8:30** Exercise Class | Solarium **8:50** Weight Class **11:05** Lutheran Comm. | F.V. RM **2:00** Devotions | F.V. Room **2:00** Mass & Rosary @ GNH **3:00** Bottomless Cup	**20** **8:30** Early Exercise Class **9:30** Devotions **10:30** Late Exercise Class **2:00** Club 200 **3:00** Bottomless Cup	**21** **10:45** Exercise | Solarium **2:00** Wii Bowling **3:00** Bottomless Cup

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22 **8:30** Catholic Livestream Mass & Communion **1:30** Devotions | Solarium **2:30** Bottomless Cup/Fresh Popcorn **3:15** Church Service with Pastor Aaron	**23** **8:30** Early Exercise Class **9:30** Devotions **10:30** Late Exercise Class **2:00** Leaf Napkin Painting **3:00** Bottomless Cup	**24** **8:30** Exercise Class | Solarium **9:00** Shopping **10:30** Reflections | F.V. Rm **1:30** Manicures **3:00** Bottomless Cup **4:15** Rosary | F.V.	**25** **8:30** Early Exercise **9:30** Devotions **9:45** BANK VISIT **10:00** Bus Trip: Lunch & Shopping CR or Dbq. **3:00** Bottomless Cup	**26** Thanksgiving **6:00** Happy Thanksgiving! **3:00** Bottomless Cup	**27** **8:30** Early Exercise Class **9:30** Devotions **2:00** Club 200 **3:00** Bottomless Cup	**28** **10:45** Exercise | Solarium **2:00** Cards/Games **3:00** Bottomless Cup
29 **8:30** Catholic Livestream Mass & Communion **1:30** BINGO **2:30** Bottomless Cup/Fresh Popcorn **3:15** Church Service with Pastor Aaron	**30** **8:30** Early Exercise Class **9:30** Devotions **10:30** Late Exercise Class **2:00** FALL PENNY AUCTION **3:00** Bottomless Cup	The Meadows November Birthdays 01 Joan Kerns 01 Angie Rubner 19 Jan Ford 26 Virginia Sullivan 26 Mary Ann Langmeier	Nov. Observations\Awareness 11/1 All Saints Day 11/1 Daylight savings time ends 11/2 All Souls Day 11/10 Ntl. Vanilla Cupcake Day 11/11 Veterans Day 11/18 National Apple Cider Day 11/26 HAPPY THANKSGIVING	"Whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father." Colossians 3:17	Happy Veterans Day to all who served, especially our Meadows Veterans: Loras Heims | Army Elmer Feldmann | Army Mel Weber | Army Cletus Hellmann | Army Bob Francois | Marines "Peace I leave with you; my peace I give you..." John 14:27	On behalf of everyone at The Meadows Assisted Living, we wish you and your loved ones a very happy & blessed Thanksgiving. "Give thanks to the Lord for he is good, because His faithful love endures forever." 1 Chronicles 16:34

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