

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meadows September Birthdays 17 Olga Willenbring (Cheers to 101 years!!) 11 Leticia Timmerman 19 Creig Dunlap 23 Loras Heims 28 Micah Hahn 30 Bernie Hamlett (95th Milestone Birthday) 27 Kassie Gonzalez	September Observances/Awarenesses 07 Labor Day 04 Eat an Extra Dessert Month 06 Read a Book Day 05 Ntl. Tailgating Day 13 Ntl. Grandparent's Day 11 Patriot Day & Day of Service & Remembrance 17 Ntl. Apple Dumpling Day 21 Last Day of Summer 22 Ntl. Centenarian's Day	1 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Reflections F.V. Rm 2:00 BINGO 3:00 Bottomless Cup 4:15 Rosary F.V.	2 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Manicures 3:00 Bottomless Cup 6:00 Evening Bus Ride with Ice Cream Stop	3 8:30 Exercise 9:15 Master Gardners: Sara, Owner of Sherman's Pumpkin Farm Happenings & Pumpkin varieties 10:30 Weight 2:00 Devotions 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	4 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	5 10:15 Exercise Solarium 2:00 Cards/Games 3:00 Bottomless Cup 3:30 Devotions Solarium
6 8:30 Catholic Livestream Mass & Communion 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church Service with Pastor Aaron	7 Labor Day 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Bottomless Cup 3:15 Music by Ron Lubbers	8 8:30 Exercise Class 9:00 Shopping 10:30 Reflections F.V. Rm 1:30 Town Talk 2:00 Making Apple Donuts 3:00 Bottomless Cup 4:15 Rosary F.V.	9 8:30 Early Exercise 9:30 Devotions 10:30 Late Exercise 11:00 Library Exchange Day 1:30 Team Meeting 2:30 Manicures 3:00 Bottomless Cup	10 8:30 Exercise Class 8:50 Weights 9:45 BANK VISIT 11:00 Methodist Comm. 2:00 Devotions 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup 8:30 Drone Show!!	11 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Community Euchre Card Tournament 3:00 Bottomless Cup	12 10:15 Exercise Solarium 2:00 Bingo 3:00 Bottomless Cup 3:30 Devotions Solarium 6:30 Iowa vs Iowa State NBC Ch. 4
13 6:00 Happy Kick off to Ntl. Asst. Living Wk! 8:30 Catholic Livestream Mass & Communion 12:00 Balloon Art by Mike! 12:00 Family ALW Picnic 11:30-12:30 1:00 Music by Bill Stock & Daughter Jamie 3:15 Church Service with Pastor Aaron	14 6:00 "The Golden Years!" Wear: Gold, Silver, Sparkles 8:30 Exercise 9:30 Devotions 10:30 Late Exercise 12:00 Pizza Ranch Fried Chicken Lunch 2:00 Golden Oldies Team Guessing Game! 3:00 Bottomless Cup	15 6:00 "Decade Day!": Dress in your favorite Decade 6:30 Tenant Weights 8:30 Exercise 9:00 Shopping 10:30 Reflections 2:00 Decade Fashion Show 2:30 Ice Cream Sundae Fundae 4:15 Rosary F.V.	16 6:00 "Crowning Yrs. of Care!": Wear Hats, Crowns/Tiaras 8:30 Exercise 9:30 Devotions 11:30 Picnic Lunch Outing with Ice Cream Stop 12:00 Olive That Deli 2:30 Manicures 6:00 Music by Tim & Mike	17 6:00 "Wine & Dine!": Wear Black & White 8:30 Exercise Class 10:00 Massages Riverview Wellness 11:05 Lutheran Comm. Livg/Rm 2:00 Devotions 2:00 Mass & Rosary @ GNH 3:00 Olga's 101st Birthday Reception!	18 6:00 "Shine Together!": Twin Day-Dress Alike (team &/or tenant) 8:30 Exercise 9:30 Devotions 12:00 Godfather's Pizza & Beer! 2:00 Mega BINGO 3:00 Bottomless Cup	19 6:00 "Shining with Team Spirit!": Wear Your Favorite Team Apparel 10:15 Exercise Solarium 2:00 Guided Painting with Jane Rissler 3:00 Bottomless Cup 3:30 Devotions Solarium

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20 8:30 Catholic Livestream Mass & Communion 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church Service with Pastor Aaron	21 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Fall Foliage Bus Outing 3:00 Bottomless Cup	22 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Reflections F.V. Rm 1:30 Manicures 3:00 Bottomless Cup 4:15 Rosary F.V.	23 8:30 Exercise Class 9:30 Devotions 10:00 Casino Outing 3:00 Bottomless Cup 6:00 Music By Darrell, Karen & Connie	24 8:30 Exercise Class Solarium 8:50 Weight Class 9:45 BANK VISIT 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	25 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	26 10:15 Exercise Solarium 2:00 BINGO 3:00 Bottomless Cup 3:30 Devotions Solarium
27 8:30 Catholic Livestream Mass & Communion 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church Service with Pastor Aaron	28 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Outdoor Walks/Rides 3:00 Bottomless Cup	29 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Reflections F.V. Rm 2:00 Fall Foliage Bus Ride 3:00 Bottomless Cup 4:15 Rosary F.V.	30 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Manicures 3:00 Bottomless Cup 5:00 Smash Burgers & Onion Rings 6:00 Independent Cards/Games	Like a bountiful harvest, may God's blessings overflow in your life! ~ Happy Fall!!	Happy September May you experience the unfailing love of God, comforting and sustaining you in every situation.	"Grandchildren are the crowing Glory of the aged; Parents are the Pride of their children." Proverbs 17:6 Side by Side or Miles Apart A Grandparent is always close to The Heart!