



Good Neighbor Society

Continuing Care Retirement Community

Neighorly News August 2026



Leticia Timmerman
Community
Engagement Dir.

The Meadows Assisted Living: Excellence Through People, Community, and Care

The Meadows Assisted Living is proud to be one of the many services offered on the Good Neighbor Society campus, providing a welcoming environment where tenants can maintain their independence while enjoying the support of a caring community.



Lindsey Ante
Clinical Services Dir.

What truly sets The Meadows apart is its dedicated team. The community is supported by 34 team members across nursing, recreation, dietary, universal

worker, and direct care roles. Staff longevity is a hallmark of The Meadows, with 18 employees serving five years or more, six serving over 10 years, five serving over 15 years, and two team members celebrating more than 20 years of service. In addition, 12 team members are cross trained in two departments and five are trained in three departments, ensuring seamless, high-quality care and service for tenants.

The Meadows is home to 39 tenants with an average age of 87.1 years. One tenant who will celebrate their 101st birthday this September, 13 tenants in their 90s, 22 in their 80s, and four in their 70s. Since January 2026, The Meadows has welcomed seven new tenants, reflecting the continued trust families place in our community. With 37 one-bedroom apartments available in four unique layouts, tenants enjoy both privacy and a strong sense of belonging.

Our community embraces a social model of assisted living, focusing on independence, connection, and quality of life. From daily exercise classes and weekly worship services to Bible studies, outings, tours, and bus trips, tenants have numerous opportunities to remain engaged with friends and the broader community.

Perhaps the most remarkable measure of excellence at The Meadows is our outstanding state survey record. We are Licensed through the Iowa Department of Inspections, Appeals, and Licensing (DIAL), requiring routine surveys. This past May, The Meadows achieved our **ninth consecutive survey, spanning 18 years of an insufficiency-free program**. This level of sustained excellence is exceptionally rare and places The Meadows among Iowa's most distinguished assisted living communities. These accomplishments reflect the dedication, professionalism, and compassionate Christian care provided by the entire Meadows team. Their commitment ensures that every aspect of tenant life, from safety and dining to social engagement and personal care, is delivered with excellence.

The Meadows offers more than a place to live. It offers a faith-filled community, experienced caregivers, and peace of mind for the future. To learn more, call for a tour today.

"Whatever you do, work at it with all your heart, as working for the Lord."
Colossians 3:23 (NIV)



August Crossword



Across

4. Refreshing summer drink
6. Boat powered by wind
10. Activity in the great outdoors
12. Frozen fruit treat on a stick
14. Camping shelter
15. Prolonged period of hot weather
17. Observing the night sky
19. Red skin from too much sun
20. Insect that glows at night
21. Activity with a rod and reel
24. Place to swim that's not a beach
25. Going to different places
28. Small summer fruit

Down

1. Sandy spot by the ocean
2. Time away from school or work
3. Activity in a pool or lake
5. Sleeping in a tent outdoors
6. Protection from UV rays
7. Eighth month of the year
8. Sport played in the summer
9. Outdoor meal on a blanket
11. Sculpture made at the beach
13. Cold treat on a hot day
16. Casual summer footwear
18. Unwind during the summer break
19. Headwear for sun protection
22. Temperature in the summer sun
23. Diving underwater with gear
26. Bright celestial body in the sky
27. Outdoor cooking on a grill

STAFF

Paetlyn Welcher 8/4

Dixie Cook 8/5

Trudie Davis 8/6

Amy Fry 8/7

Kaytlyn Sauerbry 8/10

Maleigha Hildebrand 8/10

Tina Nelson 8/11

Michelle Amthauer 8/13

Maya Pennington 8/13

Braden Wenger 8/15

Erika Holtz 8/15

Olivia Beatty 8/16

Josh Jones 8/21

Adrian Swenka 8/21

Shelby Steffen 8/21

Deb Hermesen 8/22

Pauline Schaffner 8/23

Kiarra Olson 8/23

Julie Heims 8/25

Allison Knipper 8/28

Heather Earles 8/30

Aubrey Short 8/31



RESIDENTS

Lavonne Wegmann 8/3

Barb O'Connell 8/4

Mary Ann Tauke 8/4

Sharon Schanbeck 8/15

Karlene Sanford 8/16

Judy Shaw 8/19

Marjie Hunt 8/27

Irma Ruiz 8/30

MILESTONES

Miana Gosche 5 Years

Spencer Murray 5 years

Thank you for your dedication to
serve "Compassionate Christian
Care!"



The Magic Touch

Good Neighbor Home | July Highlights

Fair Art
Submissions



Absolute Science
presents
"BUBBLES!"

"Butter Cows"



Live Music



NOT "Butter Cows"



Marietta's Place

Balloon Volleyball

Fair Picnic w/Grilled Hotdogs



Drum Circle



Fair Animals



The Magic Touch

New Neighbors

Donna Wall

Janet Engelken

Ruth Fry

Phyllis Nadremann

Donald Greiner

Keith Rowley

Cynthia Mast

Wishing You The Best

Les Carlson

Ruth Fry

Bonnie Cordle-Clark

Always In Our Hearts

Tony Russ

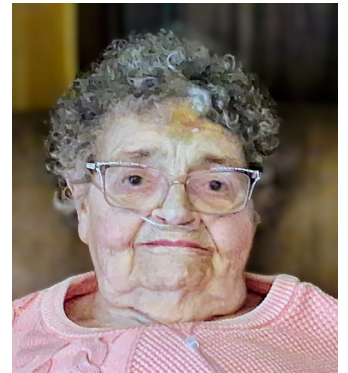
Richard Peake

Merle Boeckenstedt

Sandra Duffy

Floyd Kelley

Catherine Zumbach



Recurring Events

Exercise Class

Twice a week our team, with the help of our Restorative nurse here at GNH, offers a head to toe exercise experience, including active games. All residents are encouraged to participate! Moving your body as much as you are able will help you stay in motion as long as possible. We always keep this group fun, fresh, and adaptive to all ability levels. We also play fun word games regularly to keep your minds thinking in creative ways!

Happy Hour/Patio Parties

These social events are monthly gatherings. Nice music, good food and fun fellowship are our goals for this recreational activity. These are resident favorites and beverages are served (with or without alcohol). We try to move these outside when weather permits.

Pamper and Polish

Join us every other Friday to enjoy a relaxing spa experience. We use various relaxing techniques, which include: aroma therapy, hand massages and music. Quick paint touch ups are offered and light filing. Only nurses and bath aids are certified to cut nails. If you need your nails cut, please let your nurse know before Pamper and Polish. Pamper and Polish is a great opportunity to make new friends. Come hang out, even if you don't want your nails done. We would love to have you!

Religious Services

- Every Sunday afternoon, our Non Denominational Church service, is lead by Pastor Aaron Bolyard.
- Once a month, Methodist Communion. Is offered
- Once a month, Lutheran Communion is offered.
- Every Thursday, Father Louis & Father Kremer lead Catholic Mass
- Bible Study for everyone, led by Pastor Aaron, every Wednesday at 1:00 in the Chapel

Town Talk

Every month, residents get together with the Recreation Director to talk about any comments, suggestions and concerns they may have. We also talk about upcoming events, updates, and ask for your suggestions for the next months community calendar. The purpose of this meeting is to record any concerns/suggestions and get them to the right place, so we can work on a solution, but also to keep you updated on what is going on here at Good Neighbor Home.

Beauty Shop

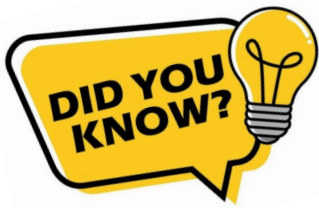
If you would like your hair done, **let your recreation team know**, and they will get you on the beauty shop list. Amy Stone is here Tuesdays and Thursdays and is always wonderful about working people in!

Beauty Shop Pricing

Haircut - Male	\$11.00
Haircut Female	\$15.00
Shampoo/Set/Style	\$17.00
Shampoo/Cut/ Set/Style	\$24.00
Color & Style	\$37.00
Color/Cut/Style	\$47.00
Perm/Cut/Style	\$55.00

**Auxiliary Fund
Balance
\$50.00**

Group activities are subject to change.
Please reference your Community
Calendar and LifeShare screens for the most up to
date activity schedule.



August is National Immunization Awareness Month??

(NIAM) is an annual observance in August that highlights the importance of staying up to date on vaccinations for people of all ages to protect individuals and communities from serious diseases .

Purpose and Timing

NIAM is held every August in the United States to:

- Raise awareness about the role of vaccines in preventing diseases such as measles, whooping cough, influenza, HPV-related cancers, and COVID-19
- Encourage individuals and families to review and update their immunization records.

Promote routine vaccinations for infants, children, teens, adults, and older adults

Why It Matters

Vaccines are one of the safest and most effective prevention tools available. Low immunization rates can lead to outbreaks of preventable diseases, as seen in recent measles resurgences NIAM helps:

- Close gaps in vaccine access.
- Address misinformation and vaccine hesitancy.
- Support underserved communities where healthcare barriers may lead to missed shots

COVID-19 Booster Vaccines Available

According to CDC guidance, individuals are considered up to date on their COVID-19 vaccination when they have received a booster dose at least 6 months after their previous vaccine. Booster doses are available and recommended, but they are **not required**. If you would like to receive a COVID-19 booster, please notify Infection Prevention Nurse **Jolene, extension 327**.

**Good Neighbor Home
& Neighborhood Villas**
563-927-3907

Marietta's Place
563-927-1490

The Meadows
563-927-6467

Board Members

Charlie Button, President
Teresa Greve, Vice President
Linda Bessey, Secretary
Diane Hammell, Treasurer
Milt Kramer
Chris Mundy
Michael Peitz
Marvin Waterhouse
Rachel York



www.goodneighborsociety.org

www.facebook.com/goodneighborsociety

Search: Good Neighbor Society

App: Spectrio SHARE : Use Community Pin

GNH PIN: 1963

Meadows PIN: 2000

Marietta's Place PIN: 2011