

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meadows July Birthdays 03 Addesyn Welcher 05 Eileen Hellmann 09 Glenda Gomez 09 Cambrie Bahls 11 Gladys Tinker 12 Ann Millenkamp 13 Ellen Phelps 14 Kim Penney 17 Marcia Hawker 25 Janice Marbach 27 Doug Bush 30 Joan Sherman	July Observances/Awareness's: 02 Made in the USA Day 04 Independence Day 20 Ntl. Lollipop Day 24 Tell an Old Joke Day 28 Ntl. Chocolate Milk Day 30 International Day of Friendship	July Observations\Awareness Ntl. Grilling Month Ntl. Hot Dog Month Ntl. Ice Cream Month Ntl. Watermelon Month	1 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 11:00 Library Exchange Day 1:30 Manicures 3:00 Bottomless Cup 5:00 Breakfast for Supper	2 8:30 Exercise 8:50 Weight 9:30 Master Gardner's: Learning Braille from a 10 yr old's perspective 2:00 Devotions 2:00 Mass/Rosary @ GNH 3:00 Bottomless Cup 9:00 Drone Show	3 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	4 Independence Day 8:00 TIME CHANGE for Sat. Exercise 9:00 TIME CHANGE for Sat. Devotions 12:00 Grill out lunch 1:30 4th of July Club 200
5 8:30 Catholic Communion Service 9:00 Catholic Mass Livestream 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church Service with Pastor Aaron	6 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Music by Midnight Rider Solarium 3:00 Bottomless Cup	7 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Reflections F.V. Rm 2:00 Making magazine flowers 3:00 Bottomless Cup 4:15 Rosary F.V.	8 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Manicures 3:00 Bottomless Cup 6:00 Evening Golf Cart Rides	9 8:30 Exercise 8:50 Weights 9:45 BANK VISIT 11:00 Methodist Comm. 2:00 Devotions 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	10 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Community Euchre Card Tournament 3:00 Bottomless Cup	11 10:15 Exercise Solarium 2:00 BINGO 3:00 Bottomless Cup 3:30 Devotions Solarium
12 8:30 Catholic Communion Service 9:00 Catholic Mass Livestream 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church Service with Pastor Aaron	13 8:30 Exercise 9:30 Devotions 10:30 Exercise 2:00 RAGBRAI Documentary followed by live Q&A from cast member Dana! 3:00 Bottomless Cup 6:00 Fair Kick off Parade!!	14 8:30 Exercise Class 9:00 Shopping 10:30 Reflections F.V. Rm 1:30 Town Talk 2:00 Manicures 3:00 Bottomless Cup 4:15 Rosary F.V.	15 8:30 Early Exercise Class 9:30 Devotions 11:00 Lunch outing at the Fair! 11:01 Library Exchange Day 1:30 Manicures 3:00 Bottomless Cup 5:00 BINGO	16 8:30 Exercise Class Solarium 8:50 Weight Class 11:05 Lutheran Comm. F.V. RM 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	17 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	18 10:15 Exercise Solarium 2:00 Wii Bowling 3:00 Bottomless Cup 3:30 Devotions Solarium

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 8:30 Catholic Communion Service 9:00 Catholic Mass Livestream 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church Service with Pastor Aaron	20 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Joyful Yoga with Cathy Corkery!! 3:00 Bottomless Cup	21 6:30 Tenant Weights Before Bkfst 8:30 Exercise Class 9:00 Shopping 10:30 Reflections F.V. Rm 2:00 Movie & Popcorn: Rodgers & Hammerstein's "State Fair" 3:00 Bottomless Cup 4:15 Rosary F.V.	22 8:30 Early Exercise 9:30 Devotions 10:30 Late Exercise 1:30 Staff Meeting 2:30 Manicures 3:00 Bottomless Cup 3:15 Music by Ron Lubbers 6:00 Evening Bus Ride	23 8:30 Exercise Class Solarium 8:50 Weight Class 9:45 BANK VISIT 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	24 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	25 10:15 Exercise Solarium 2:00 BINGO 3:00 Bottomless Cup 3:30 Devotions Solarium
26 8:30 Catholic Communion Service 9:00 Catholic Mass Livestream 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church Service with Pastor Aaron	27 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Drumming with Barb 3:00 Bottomless Cup	28 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Reflections F.V. Rm 2:00 Making Chocolate Milk Shakes! 3:00 Bottomless Cup 4:15 Rosary F.V.	29 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 11:00 Library Exchange Day 1:30 Manicures 3:00 Bottomless Cup 6:00 Bus Ride and Ice Cream stop to Dairy Sweet in Lamont	30 8:30 Exercise Class Solarium 8:50 Weight Class 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	31 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	Happy 4th of July & may God continue to bless the USA!! Where the SPIRIT of the LORD is, there is FREEDOM! 1 Corinthians 3:17 NIV What does a pig say on a hot summer day? "I AM BACON!!" Bahahahhahahah!!