

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 Catholic Communion Service 9:00 Church Service with Chaplain Joy 2:00 Bottomless Cup/Fresh Popcorn	2 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Making Personal Banana Cream Pies! 3:00 Bottomless Cup	3 8:30 Exercise Class Solarium 9:00 Shopping 2:00 Meadows March Birthday Party 3:00 Bottomless Cup 4:15 Rosary F.V.	4 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Manicures 3:00 Bottomless Cup 6:00 BINGO	5 8:30 Exercise Class Solarium 8:50 Weight Class 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	6 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	7 10:15 Exercise Solarium 2:00 Beach Ball 3:00 Bottomless Cup 3:30 Devotions Solarium 5:00 Daylight Savings Spring Ahead Before Bed! Set clocks ahead 1 hour before bed tonight! Ask staff to assist, if needed.
8 8:30 Catholic Communion Service 8:45 Live stream Catholic Mass 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church Service with Pastor Kurt	9 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Interactive & Fun Games with Barb Solarium 3:00 Bottomless Cup	10 8:30 Exercise Class Solarium 9:00 Shopping 2:00 Health In-service with Nurse Lindsey 3:00 Bottomless Cup 4:15 Rosary F.V.	11 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Manicures 3:00 Bottomless Cup 6:00 Music by Tim Morehouse & Mike Johnson	12 8:30 Exercise Class 8:50 Weight Class 9:45 BANK VISIT 11:00 Methodist Comm. 2:00 Devotions FV 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	13 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Community Euchre Card Tournament 3:00 Bottomless Cup	14 10:15 Exercise Solarium 2:00 Wii Bowling 3:00 Bottomless Cup 3:30 Devotions Solarium
15 8:30 Catholic Communion Service 9:00 Church Service with Chaplain Joy 2:00 Bottomless Cup/Fresh Popcorn	16 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Joyful Yoga with Cathy Corkery 3:00 Bottomless Cup	17 6:30 Tenant Weights Before Bkfst 8:30 Exercise Class 9:00 Shopping 10:30 Every Day Praise Reflections F.V. Rm 1:30 Town Talk 2:30 St. Patrick's Day Party! 3:00 Bottomless Cup 4:15 Rosary	18 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Manicures 3:00 Bottomless Cup 5:00 Smash Burgers & Onion Rings 6:00 Cards/Games	19 8:30 Exercise Class Solarium 8:50 Weight Class 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	20 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	21 10:15 Exercise Solarium 2:00 BINGO 3:00 Bottomless Cup 3:30 Devotions Solarium

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22 8:30 Catholic Communion Service 9:00 Church Service with Chaplain Joy 2:00 Bottomless Cup/Fresh Popcorn	23 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 3:00 Bottomless Cup 3:15 Muisic by Ron Lubbers	24 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Every Day Praise Reflections F.V. Rm 2:00 Relaxation Station 3:00 Bottomless Cup 4:15 Rosary F.V.	25 8:30 Early Exercise 9:30 Devotions 10:30 Late Exercise 11:00 Library Exchange Day 1:30 Staff Meeting 2:30 Manicures 3:00 Bottomless Cup 6:00 Cards/Games	26 8:30 Exercise Class Solarium 8:50 Weight Class 9:45 BANK VISIT 2:00 Lutheran Comm. F.V. RM 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	27 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	28 10:15 Exercise Solarium 2:00 BINGO 3:00 Bottomless Cup 3:30 Devotions Solarium
29 8:30 Catholic Communion Service 9:00 Church Service with Chaplain Joy 2:00 Bottomless Cup/Fresh Popcorn	30 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Drumming with Barb 3:00 Bottomless Cup	31 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Every Day Praise Reflections F.V. Rm 2:00 Making Easter Bunny Decorations 3:00 Bottomless Cup 4:15 Rosary F.V.	The Meadows March Birthdays 03 Carrie Farmer 12 Katie Edgington 18 Susie Diercksen 20 Yvonne Brandt 27 Celeste Heims	March Observations\Awareness 03 Canadian Bacon & Facts About Names Day 07 Set Clocks Ahead Before Bed 08 Daylight Savings Time Begins 14 Ntl. Potato Chip Day 17 St. Patrick's Day 20 First Day of Spring	Happy 1st Day of Spring! May you be blessed with Spring's Gifts of Hope, Renewal, Growth, Peace & Inspiration. May God's Blessings Spring Forth In Your Life!! May the road rise to meet you. May the wind be always at your back. May the sunshine warm upon your face; the rains fall soft upon your fields and until we meet again.	March Funny's: Why shouldn't you iron a four-leaf clover? A: You might press your luck! "If it weren't for spring forward and fall back, I'd never do any exercise at all!"