



Weather Wisdom from the Director of Operations

Ahhh, Iowa weather—if you don't like it, just wait five minutes... or five months. While winter has a way of keeping us on our toes, your safety remains our top priority during these colder, slippery days.

Our maintenance team works diligently to keep sidewalks, entrances, and common walkways as safe as possible. You'll find **salt boxes located at all building entrances**, and we encourage everyone to use them as needed—especially when heading out for appointments, errands, or a refreshing (but brisk!) walk. A little salt goes a long way in preventing slips and falls.

Just as important as clear sidewalks is **dressing for the weather**. Iowa winters can be unpredictable, so please remember warm coats, hats, gloves, sturdy shoes with good traction, and layers when heading outside. Staying warm and steady helps ensure every outing is a safe one.

And here's the good news: this weather won't last forever! Even if it feels like winter has unpacked and made itself comfortable, **spring really is around the corner**. Soon we'll be trading snow boots for walking shoes and salt boxes for sunshine.

Until then, thank you for doing your part to keep yourself—and one another—safe. Stay warm, stay steady, and remember: better days (and warmer temperatures) are on the way!

Warm (pun intended) regards,

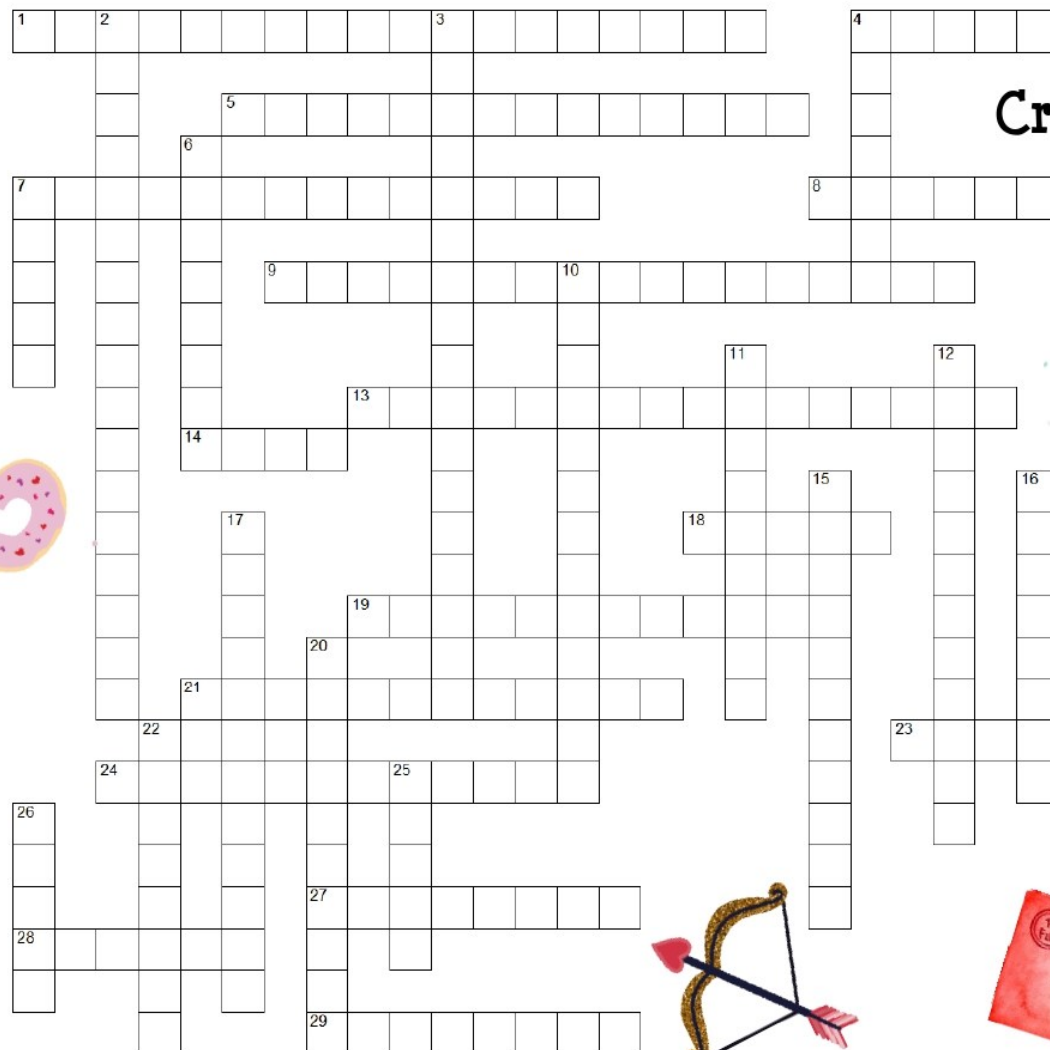
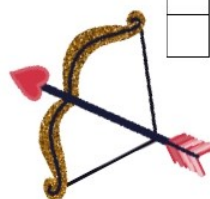
Kyle Morris
Director of Operations



FEBRUARY



Crossword



Across

1. February 17th, celebrating the adoption of the first electric streetcar
4. Birthstone alternative for February
5. Shakespearean play with a famous balcony scene
7. Famous composer born on February 7, 1812
8. Traditional flower associated with February
9. Traditional February activity with red and pink cards
13. Famous U.S. president born on February 22nd
14. Traditional February bird associated with love and courtship
18. Cupid's weapon
19. February celestial event known for its red hue
21. February 2nd tradition predicting early spring or more winter
23. Roman god associated with February
24. February 24th, recognizing the importance of educators
27. Birthstone of February
28. Annual awards ceremony honoring outstanding film achievements
29. Zodiac sign for most of February

Down

2. February 26th, recognizing the role of fairies in literature and folklore
3. February event celebrating the history and achievements of African Americans
4. Love symbolized by a red heart
6. February weather condition characterized by heavy snowfall
7. Traditional February dish often made with beans
10. Romantic holiday
11. Traditional February dessert with a cherry filling
12. Traditional February beverage associated with warmth
15. February 14th tradition involving the exchange of romantic messages
16. Birth flower associated with February
17. February phenomenon involving the alignment of the sun, Earth, and an object in space
20. Roman festival in February dedicated to the god of purification
22. Second month of the year
25. February weather phenomenon with frozen rain
26. Winter constellation visible in February

STAFF

Brynn Kartman 2/2

Breanna McShane 2/2

Cynthia Hughes 2/3

Tracy Cummer 2/4

Cassidy Myers 2/8

Kristy Gibbs 2/9

Tyra Boge 2/10

Angie Hahn 2/10

Ava Knipper 2/10

April Hoisington 2/11

Amber Andrews 2/12

Lori Corkery 2/13

Jessi Conrad 2/15

Sydney McGraw 2/16

Aaron Paulson 2/17

Ashlee Lincoln 2/20

Jerrilyn Crane 2/21

Kylie Holz 2/22

Laura Boeckenstedt 2/24

Jamisin Gile 2/25

Amira Thurn 2/28



RESIDENTS

Margaret Nefzger 2/4

Cliff Bunting 2/5

Tony Russ 2/6

Linda Gearhart 2/11

Vilva Demoss 2/15

Judy Platten 2/22

Father Lou Jaeger 2/27

Norma Wolfe 2/28

MILESTONES

Amy Cassel 10 Years

Thank you for your dedication to
serve "Compassionate Christian
Care!"

The Magic Touch

Good Neighbor Home | January Highlights



Deer Hunting!!



National
Cheese
Day!

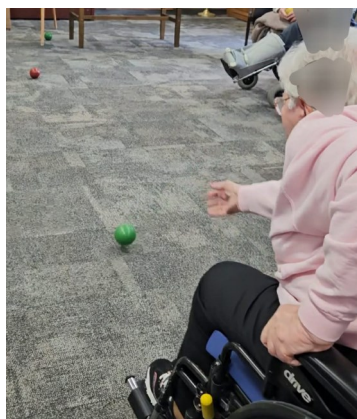


Balloon
volleyball!!



MP

Competitive JENGA!
Social Time &
Sharing Talents



BOCCE
Ball



GNHU
(Good Neighbor Home
University)

Making Friends
& Memories



The Magic Touch

New Neighbors

Edith Taylor
Ruth Philgreen

Roberta Weiss

Father John Kremer
Luella Lawson

David Becker
Bonnie Brink
Kathleen Olsen

Wishing You The Best

Bonnie Brink

Judy Zehr

Linda Peitz

Alice Soppe

Always In Our Hearts

Jim Booth

Madonna Sellner

Marjorie Erickson

Spring is the perfect time to refresh your loved one's room. Over time, extra items can accumulate and create clutter, which may increase the risk of trips and falls. Decluttering helps keep walkways clear, improves mobility, and creates a safer, more comfortable living space.

We encourage families to help organize and remove unnecessary items this spring. A tidy room not only looks brighter but also supports your loved one's safety and well-being. Thank you for helping us keep our residents safe and comfortable!



Recurring Events

Exercise Class

Twice a week our team, with the help of our Restorative nurse here at GNH, offers a head to toe exercise experience, including active games. All residents are encouraged to participate! Moving your body as much as you are able will help you stay in motion as long as possible. We always keep this group fun, fresh, and adaptive to all ability levels. We also play fun word games regularly to keep your minds thinking in creative ways!

Wine Tasting/Happy Hour/Gazebo Get-Together

These social events are monthly gatherings. Nice music, good food and fun fellowship are our goals for this recreational activity. These are resident favorites and beverages are served (with or without alcohol).

Pamper and Polish

Join us every other Friday to enjoy a relaxing spa experience. We use various relaxing techniques, which include: aroma therapy, hand massages and music. Quick paint touch ups are offered and light filing. Only nurses and bath aids are certified to cut nails. If you need your nails cut, please let your nurse know before Pamper and Polish. Pamper and Polish is a great opportunity to make new friends. Come hang out, even if you don't want your nails done. We would love to have you!

Religious Services

- Every Sunday afternoon, our Non Denominational Church service is lead by Pastor Tim,
- Once a month, Pastor Phil leads Methodist Communion.
- Every Thursday, Father Louis & Father Kremer lead Catholic Mass

Group activities are subject to change.

Please reference your Community Calendar and LifeShare screens for the most up to date activity schedule.

**Auxiliary Fund
Balance
\$200.00**

Town Talk

Every month, residents get together with the Recreation Director to talk about any comments, suggestions and concerns they may have. We also talk about upcoming events, updates, and ask for your suggestions for the next months community calendar. The purpose of this meeting is to record any concerns/suggestions and get them to the right place, so we can work on a solution, but also to keep you updated on what is going on here at Good Neighbor Home.

Beauty Shop

If you would like your hair done, **let your recreation team know**, and they will get you on the beauty shop list. Amy Stone is here Tuesdays and Thursdays and is always wonderful about working people in!

Beauty Shop Pricing

Haircut - Male	\$11.00
Haircut Female	\$15.00
Shampoo/Set/Style	\$17.00
Shampoo/Cut/ Set/Style	\$24.00
Color & Style	\$37.00
Color/Cut/Style	\$47.00
Perm/Cut/Style	\$55.00

A Little Love from St. Valentine

Long before heart-shaped boxes and chocolate aisles, there lived a man named Valentine. According to legend, he was a kind priest who believed strongly in love, kindness, and doing what was right—even when it wasn't easy. At a time when marriages were forbidden, Valentine quietly helped couples wed in secret, believing that love was worth celebrating and protecting.

When his acts of compassion were discovered, Valentine was imprisoned. It's said that during his final days, he wrote a note signed "*From your Valentine*," a phrase that has lived on for centuries. While the details may be wrapped in legend, the message is clear: love, in all its forms, matters.

Today, Valentine's Day reminds us not just of romance, but of friendship, family, and small acts of kindness that make life sweeter. And that's a tradition worth keeping—no chocolates required (but always welcome).

Good Neighbor Home
& Neighborhood Villas
563-927-3907

Marietta's Place
563-927-1490

The Meadows
563-927-6467

Board Members

Terry Rauch, President
Charlie Button, Vice President
Linda Bessey, Secretary
Diane Hammell, Treasurer
Randy Mahoney
Teresa Greve
Milt Kramer
Marvin Waterhouse
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